

Upper Extremity Weakness

Weakness and atrophy of the muscles of the arms, shoulder, forearms and hand may limit manipulation of tools and utensils for self care, work or leisure activities. Intrinsic hand muscle weakness and atrophy affect the ability to grasp and hold objects. There are many assistive devices available for this problem:

Key holder and easy key turner.



Spoon, knife and fork with easy grip handle.



Easy grip



Utensil holder



Plate with edge

Good grip jar opener.



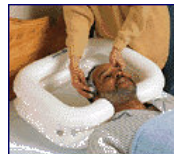
Personal Care devices:



**Long handle brushes
and combs**



Razor holder



Shampoo basin



This appliance transforms any toilet or commode into a bidet. More hygienic than toilet paper, Lubidet provides a gentle warm water wash and warm air drying. For more information go to www.lubidet.com/index.html

Dressing devices:



Zip grips



Button Hook

Doorknob gripper.



Hand splint and arm splint.



Frozen shoulder is common in ALS patients due to inability to fully move the shoulder joint caused by muscle weakness. Early intervention by Physical Therapy and range of motion exercises are of vital importance for the patient to prevent the development of this painful condition.

For more information go to Sammons Preston
www.sammonspreston.com